

Annual General Meeting Minutes, Attachment Network of Manitoba

May 21, 2020

Present: Joanne Brown, Leslie Johnston (co-chairs), Jan Ranson (Treasurer), Lisa Dveris, Kathleen McDonald, Sayma Malik, Amber Kulczyk, (Board members), Carmella Birori and Viola Plett (incoming board members); Laurie McPherson, Cathy Seitz (Public Awareness Committee); Camillia Layne (Sales); Dawn Warkentin, Kristine Pau, Cori Reimer, Mary Warmbrod, Cindy Curry, Enid Britton, Jennifer Theule, Charlie Slaughter, Jo Ann Unger, Tamara Rogers, Lauren Fierback, S. Reid, Lori.

1. Leslie Johnston welcomed the group to the Zoom platform and gave some Zoom housekeeping tips as this is our first ever meeting through electronics.
2. Kathleen motioned to approve the minutes of the 2019 AGM, Joanne seconded, passed
3. Kathleen motioned to approve the amended Agenda of the 2020 AGM with an addition of Charlie Slaughter speaking; Joanne seconded; passed.
4. Joanne Brown gave the Chairperson's summary of the year, highlighting the hard work of the Board, the Circle of Security training held in February in Brandon, the almost-conference in April which was cancelled due to COVID-19 restrictions, the efforts of the Public Awareness Committee to create 2 new pamphlets on co-parenting and on needs of people living with an addiction. As well, noted was how difficult these stay at home measures have been on some families who are isolated and facing violence, whereas for others, it has slowed their life down and brought them closer together.
5. Committee Reports
 - a. Amber Kulczyk reported on the Public Awareness Committee that has just completed 2 new brochures on loving someone with an addiction and on the needs of children as they are being co-parented by separated parents. The New Directions FASD staff will be working to provide a third brochure by fall on the needs of FASD children. We are looking into creating podcasts as well. We continue to have available the Attachment 101 presentations to give to parent groups or to professionals.
 - b. Lisa Dveris presented on Conferences. We were to have Johann Hari present April 30 but due to covid measures, we have to postpone that conference to May 13, 2021 but with the same outline. A resource fair will accompany the conference.

- c. Camillia Layne presented on Sales- we sold \$2763.25 mostly brochures (mostly baby and toddler) and some dvd's. To date we have not sold any of the translated brochures except a few French ones.
 - d. Kathleen presented on website and social media. Dan Blair of BitSpace Development has been rehired to manage our website and we are reconstructing it to make it more user friendly. We have 1234 followers on Facebook, 408 on Instagram and 74 on Twitter. As well we issue e blasts when we have information to share.
6. Finance- Jan Ranson presented the Financial picture. We had a profit of \$3102 this year and currently are at \$49,463. Full report attached. Kathleen motioned to accept the Financial report, prepared by bookkeeper, Michelle Trudeau; Joanne seconded; passed.
 7. Elections of returning Board members: Rosanne Papadopoulos, Sayma Malik, Kathleen McDonald, Lorie Harder and Lisa Dveris. Kathleen motioned to vote the returning Board members and Joanne seconded; passed
 8. Election of new members: Carmella Birori and Viola Plett. Kathleen motioned to vote them in, Joanne seconded, passed.
 9. Special Guest speaker, Charlie Slaughter of Hartford, CT. Charlie spoke at our 10th anniversary conference and is quite involved in Circle of Security as a way of creating a societal shift in the community, where people embrace what security brings in terms of reductions in health expenditures, reductions in justice and education expenditures, but also of a stronger and healthier labour force down the road, and a more supportive society. Security creates capacity for self -regulation and a curiosity and joy towards learning; building kindness, perseverance and connectedness. With a generous grant, they aim to train 260 COS facilitators per year and have recently formed the Attachment Network of Connecticut based on much of our work, as well as the Attachment Innovators of CT who meet quarterly to nudge forward their work. One goal is to start to bring attachment and relationship work into corporations so they can envision the necessity of care. Lately they have had prison chaplains become COS trained and are working to help pediatricians understand attachment deeper.
 10. Presentation by Dr. Jo Ann Unger, Psychologist and Clinical Director of the new private agency in Winnipeg, KidThink, and Tamara Rogers, Occupational Therapist and Clinical Team member. This small but determined agency of 4 staff are rolling out programming in mental health services for children and families through one to one formats, groups and in school settings. They provide outreach to workers as well as trainings for both parents and professionals and are developing research on their work. They lifted off of the Manitoba Verger report on mental health and are aiming to fill gaps in the present system as well as highlight more effective ways of making change.

Dr. Unger highlighted 2 programs FRIENDS and SNAP that they are currently working on. Their funding is part grants, donations and a sliding scale but there is a bursary available for families who cannot make the sliding scale. They take referrals from either professionals or parents, and people proceed to an intake appointment.

Meeting adjourned shortly after 3pm.