

***Online Adult Attachment Interview Institute General Information:
January 4-15, 2021, Monday to Friday each week***

Adult Attachment Interview (AAI) Institutes

Adult Attachment Interview Institutes are offered several times a year in various world-wide locations and, more recently, online, for participants who wish to learn to classify transcripts of the Adult Attachment Interview. Current certified trainers and the upcoming Institutes they are offering are posted as they become available on the website 'attachment-training.com'. The AAI Institute being offered online Jan 4-15, 2021 will be co-facilitated by two certified AAI trainers, Dr. Naomi Gribneau Bahm (Sacramento, CA) and Dr. Sonya Vellet (Vancouver Island, BC). The following is a brief summary of the trainers:

Naomi I. Gribneau Bahm received her Ph.D. in Integrative Biology from the University of California, Berkeley, in 2006. Her dissertation research utilized the Adult Attachment Interview and psychophysiology (electroencephalogram [EEG]) under the guidance of co-chairs Professor Mary Main, Developmental Psychology, and Professor Marian Diamond, Neuroanatomy. Dr. Bahm currently teaches classes such as Biological Psychology, Developmental Psychology, Research Methods, and Human Sexuality in the Los Rios Community College District (Sacramento, California) as a Professor of Psychology. She also assists Professors Mary Main and Erik Hesse with processing AAI reliability rounds and training participants to code the AAI. She was certified reliable to code the AAI in 1999 and certified as an AAI trainer in 2016. Dr. Bahm is additionally currently working on an archiving project to store Mary Main's papers and materials with the Wellcome Trust (United Kingdom), where John Bowlby's papers are also archived. She lives in Sacramento, California, with her husband and those of her five children who are still school-aged.

Dr. N. Sonya Vellet completed her doctoral studies in Child Clinical Psychology at the University of Windsor (Canada) in 1996 and subsequently completed a postdoctoral fellowship at the University of Texas (Houston). Dr. Vellet is currently in private practice on Vancouver Island, Canada and has specialized in the areas of infant and early childhood mental health and caregiver-infant/child attachment. Dr. Vellet conducts attachment assessments using various measures, including the Adult Attachment Interview and the Working Model of the Child Interview. In addition, Dr. Vellet provides attachment-based intervention for many different caregivers-child dyads (including biological, foster, and adoptive parents as well as parents going through separation and divorce) with challenging attachment relationships. She also provides related consultation, training, and supervision to professionals, including childcare providers and teachers. Dr. Vellet collaborates with professionals from various systems in British Columbia to address the developmental and mental health needs of young children who have been placed in out-of-home care. Dr. Vellet is a court-appointed expert in infant and early childhood mental health and attachment in Alberta. She also works as a Child Specialist in a team-based Collaborative Divorce process to support families, particularly with infants and young children, in transition due to parental separation and divorce. Dr. Vellet has taught at the University of British Columbia and Vancouver Island University and was a Clinical Associate at Simon Fraser University. Dr. Vellet achieved reliability in the AAI in 2005 and became a certified AAI trainer in 2016. Dr. Vellet is also an organic gardener and potter.

Prior to the Institute

Once you have registered for the Institute, your participation is confirmed, your payment has been received, and you have signed our Confidentiality Form, we will send you via courier all of the printed materials needed for the Institute, including the manual and a copy of the AAI protocol. We strongly recommend that you read the manual thoroughly prior to attending the Institute. In addition, to assist in increasing your familiarity with the AAI, we ask that, prior to the Institute, you administer the AAI at least once (e.g., to a trusted colleague) and that you undergo the AAI yourself, for example, by asking a trusted colleague to carry out the interview of you. There is no need to record these practice AAI's.

Online AAI Institute

The AAI Institute will be offered online, using a free and secure videoconferencing platform/app that ensures the protection of privacy, either Zoom (<https://zoom.us>) or On-Call (<https://oncallhealth.ca/downloads/>). Further details about the videoconferencing platform/app will be provided in the Letter of Introduction that will be emailed to you after you have registered for the Institute.

Typical Timing during the Institute

Our first online meeting via Zoom will begin at 9:00 am, and may run to around 3 or 4. All times are in the Pacific Time Zone.

The Institute will provide a fairly complete introduction to the interview classification and scoring systems. Participants will normally code one transcript each evening, which typically yields about two 60-hour weeks (including course time) for most people. Meetings will run Monday to Friday throughout the week. We meet about 5 or 6 hours a day, usually about 9 am-3 pm, but some days are short and some run long. We will bear in mind that this Institute is being offered online and try to minimize screen fatigue by offering frequent breaks, including mid-morning and afternoon and for lunch and stopping each day on time. For five or more hours per evening you will be reading and preparing case transcripts, and one transcript is also assigned over the weekend. This means that it is imperative that you do not schedule social or research meetings during the institute. We try to take at least one "short" day during the Institute (stopping around 1 pm), but this is intended primarily to give participants time for extra preparation.

Please note that on the FINAL FRIDAY, THE MEETING WILL RUN THE FULL DAY, so kindly do not plan other commitments on that Friday. Early leave-taking by any member is dis-spiriting to the remaining members of the group.

Fees

The fee for the two-week Institute is \$2600 USD (this includes the reliability check). No deposit is required, but we will expect full payment *prior to the Institute*. Also, please note that we will expect full payment in the event of your cancellation, unless of course we are still able to fill your place with a currently wait-listed participant.^a We will provide more details about how to pay (e.g., via cheque, money order, interac e-transfer) for the Institute in future correspondence.

Obtaining reliability in the Adult Attachment scoring and classification systems

During the institute, we will work through about 7 transcripts. All individuals attending the institutes will then be sent home with a set of about 14 further training transcripts (with available answers), which they should use for practice in preparation for the reliability check.

You will be signing up for the non-mandatory reliability check during the meeting. Reliability checks of 10-11 cases come out about every six months, and there are a total of 31-32 cases to complete. Participants who intend to participate in the reliability check should plan to complete this process within two years from the date of the institutes, and depending on when their institute is held relative to the reliability checks, some have completed it in 15 months. About 80% of participants who elect to undertake reliability obtain certification.

If you are interested in attending the online AAI Institute January 4-15, 2021, kindly complete the attached Declaration of Interest Form and email it to Sonya Vellet at svellet2@gmail.com. We will then be in touch with you.

Best regards

Naomi Gribneau Bahm
(ngbReliability@gmail.com)

Sonya Vellet
(svellet2@gmail.com)

**DECLARATION OF INTEREST TO PARTICIPATE IN THE ONLINE AAI INSTITUTE,
JAN 4-15, 2021**

I am interested in participating in the AAI Institute to be offered online January 4-15, 2021.

Name:

Profession:

Work Place:

Mailing
Address:

Telephone:

Email:

Other interested or trained person with whom I can collaborate (if applicable*):
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We would like to get an idea of how you intend to use the AAI in practice and/or in research. Please provide a brief summary of your practice / clinical work / research, and how you plan to use the AAI:
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PLEASE RETURN TO US AS SOON AS POSSIBLE

Email to: svellet2@gmail.com

* Our experience from other Institutes tells us that it is of great value if more than one person from the same organization or professional network are trained AAI coders. Having AAI-trained colleagues enables the possibility to cooperate on coding difficult cases, and, not the least, to provide support and encouragement. Indicate if somebody else at your organization or in your professional network is interested in participating in this AAI-institute or is already a trained AAI coder.