

**ATTACHMENT NETWORK OF MANITOBA
MEETING MINUTES
Thursday, May 29, 2008
Aulneau Renewal Centre**

Present: Yvette Preston of Aulneau (chair), Joanne Brown of New Directions (secretary, vice chair), Marge Chomoway of Wpg CFS (treasurer), Julia Wellwood and Karen Johnston of CSS FASD Outreach (executive), Laurie Marcella, retired (executive), Leslie Johnston of Wpg CFS (executive), Jean MacKinnon of Aulneau, Sue Morison of CDC, Rhonda Chegus of Family Centre of Wpg, Annie Clark of CFS Interlake, Heidi Wiens of CSS, Mary Warmbrod of private practise and Aurora at UofW

Roundtable

*recommended book by Susan Johnson called Hold Me Tight for attachment with couples

*Holly Puckall has been named the Executive Director of the Family Centre of Winnipeg. Holly has championed attachment issues with our Network and was part of the group that developed our dvd "Listening to Baby". Congratulations Holly!!

*we've had a request to produce a similar dvd on attachment and adolescence

*Julia Wellwood and Karen Johnston and Lisa Hurl attended the Crowell procedure training in New Orleans recently as part of preparation for a study they be undertaking involving attachment intervention with FASD children.

*Jean MacKinnon reported that she co authored an article that appeared in the recent IMPrint about the Winnipeg experience on getting Modified Interaction Guidance training here in Winnipeg.

Sub Committee Reports

1. **Laurie Marcella presented at the IMPrint** conference in Toronto in April on the development of this Network and on the development of the dvd. She reported that people were quite enthused at the concept of a Network around attachment. We are going to look into posting Laurie's powerpoint on our website. The Network thanked Laurie for her effort and enthusiasm.

2. **DVD-** we have sold close to 50copies, and Laurie's presentation generated lots of inquiries from Ontario. The feedback has been excellent, especially around how positively framed the work is. Someone suggested we send a free copy to Oprah! We are looking at posting a clip on our website as people are requesting a sneak peek before purchasing.

3. **Newsletter and web page**--Julia Wellwood and Karen Johnston are looking for submissions for the newsletter. It can be recommended resources, information about programming or training or it could be a full article about attachment. Discussion around Sue Morison's program on Building Blocks of Attachment at the Children's Hospital, as well as foster parent training that incorporates attachment. **Submissions should be in to Julia and Karen by mid September.**

4. **Foster parent training-** Leslie Johnston of Wpg CFs offers one evening orientation around attachment and Marge Chomoway and Tracey Miller also of Wpg CFS and Pam Freeth of Marymount all offer a one day workshop for foster parents entitled Sensitive Caregiving to Challenging Children. They are also revamping this for ESL families. Mary Warmbrod suggested they begin tracking participants in these workshops to see if it reduces their distress or fostering breakdowns and raises competency and confidence.

5. **Toddler Program-** Laurie Marcella, Sue Morison and Gail Wylie are all looking at creating a tool, likely a dvd, on toddler relationships and attachment. They are hoping to look to corporate funders and will touch on discipline, tantrums, and are looking to reinforce to parents what the child's motivations might be. Example: Babies cry for many reasons, but not to make me angry.

6. **Circle of Security training**--we were turned down by the Winnipeg Foundation for the bulk of the money, but have received money from Healthy Child Manitoba and will look at proceeding with phase one this fall. Phase one will teach the strange situation assessment and develops the lynchpin issue facing the parent. Bob Marvin will be coming to teach this. We will continue to look for funding to follow with the phase two which involves learning the intervention protocol. We have 20 interested and committed practitioners from Winnipeg.

7. **Pat Crittenden training**-Pat presented her Attachment Psychopathology and Adaptation 5 day training here this spring, and will offer it in Montreal next. She also taught a smaller group the CARE-Index for birth to 15 months and will return next week for the rest of the CARE-Index for 15-36 months. Her Dynamic Maturation Model Newsletter will be attached to this email and highlights an article by Rob Santos of HCMO about Triple P.

Yvette Preston is using Pat's model in training Families First workers and will be presenting this to IASA (Pat's network of International Association for the Study of Attachment) in Italy this fall. Jean MacKinnon will also be presenting.

Meetings have begun with many policy makers and practitioners in Manitoba around integrating attachment into work with families.

Dawne McKay Chittenden of Red River College's Child and Youth Care program is looking at reconfiguring the curriculum using the DMM.

Pat has been invited to Norway House to develop her model there.

8. **APIN** has requested that the Network look at co sponsoring a conference next spring

9. **CFS foster care** are exploring bringing **Dr. Daniel Hughes** here for a workshop

10. There is a **\$8500 surplus** from the previous fall's workshop of Maternal Depression and Attachment, and a subgroup will be meeting to develop a way to make use of those funds raised.

11. The Network is looking at **incorporating** in order to properly legitimize ourselves, legitimate our handling of finances and enabling us to have a charitable donations number and therefore apply to foundations for grants. This would enable many groups to come together and receive funds for training such as what we've tried to do with the Circle of Security training. The Network is also exploring a position of a paid coordinator.

12. **Should we do another workshop?** People suggested we focus instead on getting information around attachment into the hands of university students across many disciplines. We also reminded people that grad students are always looking for projects to get involved in, and if we have ideas around research, we should try and pool it through the network. We are also still interested in getting attachment information to judges and lawyers and doctors. Another person requested Bob Marvin's Reaction to Diagnosis Interview (RDI) as a suitable workshop.

Our next Network meeting is Thursday, October 23 1:30-4pm at Aulneau Centre, 601 Aulneau St.