

**ATTACHMENT NETWORK OF MANITOBA**  
**10<sup>TH</sup> ANNUAL GENERAL MEETING MINUTES**

**May 17, 2018**

Present: Joanne Brown, Leslie Johnston (co-chair), Jan Ranson (Treasurer); Sayma Malik, Kristine Pau, Amber Kulczycki (Board members); Enid Britton, EJ Castillo, Kathy Levine, Jenny Edwards, Mary Warmbrod, Leigh Enns, Nelda Johnson, Dawn Warkentin, Jennifer Squirrel, Kim Romano Lee, Shawna Matthes, Rebecca Dolyniuk, Kari Kerelluke, Laurie McPherson

1. Welcome and Chairperson's greeting – Leslie Johnston outlined the successes of the Network this past year, including a well attended Conference on the attachment needs of teens, Connect training for the first time in Manitoba, the translation of brochures into 6 languages, the movement of the DVD material to a streaming service, an enhanced presence on social media, and the contracting of Laurie McPherson to deliver talks to parents of preteens across Winnipeg, based on our teenage brochure.
2. Approval of last minutes for 2017 AGM: Amber, Nelda, motion carried
3. Approval of Agenda for 2018 AGM: Jan, Enid, motion carried
4. Financial Report- Jan Ranson- see attached. Motion carried to accept the Financial report
5. Election of Board Members:
  - a. Katie McDonald- Motioned by Jan, seconded by Leslie, carried
  - b. Rosanne Popadopoulos- motioned by Amber, seconded by Leslie, carried
  - c. Lisa Dveris- motioned by Jan, seconded by Amber; carried
  - d. Sayma Malik- motioned by Enid, seconded by Leslie, carried
6. Election of new Board members
  - a. Rebecca Dolyniuk- motioned by Amber, seconded by Dawn, carried
  - b. Lorie Harder- motioned by Leslie, seconded by Jan, carried
7. Round Table odd and ends
  - a. Nelda mentioned older children are now being adopted out by Winnipeg CFS; Leigh Enns told us the Children's Advocate office is now called the Manitoba Advocate for Children and Youth;
8. Presentations

A Kathy Levine, professor of social work, University of Manitoba: Presented on a research study she did on children (kids) in care (KIC) and their graduation rate. In Manitoba we have over 11,000 KIC, and not even one third graduate high school. Difficulties included moving frequently in and out of care and in and out of catchment, divisions not working together well, children not feeling welcomed or "held" and understood, competing discourses between CFS and Education, and transportation quagmires. This became a small pilot project between Seven Oaks School

Division and child welfare to look at how to create working together and now all metro school divisions want to work together better.

B Jenny Edwards, supervisor, Winnipeg Child and Family Services: Their unit is in Fort Garry, with very low numbers of kids in care, mostly non-Indigenous families. They try to apply an attachment lens to understanding the families they work with, with many staff having taken trainings and workshops on attachment. Often they are trying to help a family get connected for therapy. Spoke of the pilot project of Therapeutic Access Program which was run out of Winnipeg Access Centre. This is now being evaluated with the hopes it continues.

**THE ATTACHMENT NETWORK OF MANITOBA INC.**

**Financial Statements**

**Year Ended March 31, 2018**

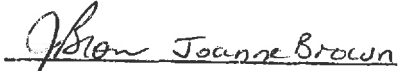
THE ATTACHMENT NETWORK OF MANITOBA INC.


STATEMENT OF FINANCIAL POSITION

Year Ended March 31, 2018

	2018
ASSETS	
Current Assets	
Cash	\$ 45,927
Prepaid Expenses	<u>399</u>
	\$ <u><u>46,326</u></u>
LIABILITIES	
Current liabilities	
Accounts payable and accrued liabilities	\$ 480
SURPLUS	
Surplus	<u>45,846</u>
	\$ <u><u>46,326</u></u>

APPROVED BY THE BOARD:

  
Joanne Brown DIRECTOR

  
Jan Benson DIRECTOR

**THE ATTACHMENT NETWORK OF MANITOBA INC.**  
**STATEMENT OF OPERATIONS AND CHANGES IN NET ASSETS**  
**Year Ended March 31, 2018**

	<u>2018</u>
<b>INCOME:</b>	
Donations	300
Brochures	837
DVD	825
Interest	82
Conference: Attachment Needs of Teens	<u>21,510</u>
<b>Total Income</b>	<b>23,554</b>
<b>EXPENSES</b>	
Accounting	34
Advertising & Promotions	0
Administrative Fees (Paypal)	226
Bank Charges & Interest	0
Conference Costs	15,087
Meeting Expenses	1,105
Office Supplies	267
Printing and Reproduction	6,277
Professional Fees	7,860
Website Expenses	<u>5,267</u>
<b>Total Expenses</b>	<b><u>36,123</u></b>
<b>NET INCOME</b>	<b>-12,569</b>
RETAINED EARNINGS - BEGINNING OF YEAR	<u>58,415</u>
RETAINED EARNINGS - END OF YEAR	<u>\$ 45,846</u>



## **The Attachment Network of Manitoba**

### **Annual Report, May, 2018**

#### **Co-Chairpersons' Report**

It's been another busy year for the Attachment Network of Manitoba! We continued the revamp of our website, translated brochures into six languages, uploaded our DVD's onto a purchase-to-stream platform on our site, hosted a Conference on the needs of teens, and hired a consultant to connect locally with parents of preteens. Phew!

We have had requests for our "10 Things Brochures" series to be translated and with the volunteer help of local attachment folks, Yvette Savard-Preston, Jose Diaz and Kristine Pau, we were able to translate into French, Spanish and Tagalog, respectively. With the help of the official translators for the Province of Manitoba, we paid to have brochures translated into Ojibwe, Cree and Arabic. Thank you to Charlene McIvor, our graphic designer who was able to bring those to life in print. We should also give a shout out to Ann Krawchuk and her team at Quantum Graphics who works with us to quickly provide the printed copies.

Daniel Normandeau of iweb Consulting, has been wonderful at "stepping into our shoes" to understand our IT needs as we continue to make the website easier to navigate. We continue to be a source for your first clicks into the world of attachment information and resources. The DVD format was proving to be outdated and now we have both the *Listening to Baby* and *Tuning Into Your Toddler* videos available as a one time purchase for the rights to stream the video from any device. One only requires access to the internet to use this platform.

This winter we hosted the Connect Parenting Program Group Leader training, a Canadian made attachment focused parenting program for parents of children in preteen and teen years. We were thrilled to see 25 people take the training which was delivered by one of the co-creators, Karla Braber, and Dr. Jody Carrington, an Alberta psychologist and trainer. Jody stuck around and presented a full day at our Conference Dec 7 and 8, entitled "Attachment Needs of Teens: Implications for Mental Health and Well-Being". Jody took the audience on an emotional and often hilarious ride as we learned how attachment plays out in older children. Feedback was tremendous. On day 2, we hosted Pat Harvey from Maryland, who spoke about her therapeutic work with parents of teens, in helping them create a holding environment for their child, with safe boundaries. The afternoon closed with a presentation from Laurie McPherson as she summed up our 2 days and segued into setting the scene locally for what we are already doing to attend to the attachment needs of teens. Lastly, we had a panel of 6 practitioners from various social service agencies in Winnipeg. How remarkable to see all the attendees remain to hear the wisdom these women shared. It was a reminder of one of our pillars in our

Teen (English)	1350	
Baby (French)	450	
Toddler (French)	450	
School Aged (French)	450	
Teen (French)	450	
Baby (Arabic)	450	
Toddler (Arabic)	450	
School Aged (Arabic)	450	
Teen (Arabic)	450	
Baby (Tagalog)	400	
Toddler (Tagalog)	400	
School Aged (Tagalog)	400	
Teen (Tagalog)	400	
Baby (Spanish)	400	
Toddler (Spanish)	400	
School Aged (Spanish)	400	
Teen (Spanish)	400	
Posters		87.50
Baby	5	
Toddler	6	
Bundle	2	
<b>Total</b>		<b>27,560</b>

Kristine Pau

### **Report on the *How to Connect and Stay Connected to your (Almost) Teen Project***

In celebration of its 15<sup>th</sup> year, the Attachment Network of Manitoba has embarked on a project to reach parents of tweens (middle-years) children aged 9 to 13 years with the aim to create an awareness of the importance of healthy attachment relationships at this stage of development and as a foundation to support healthy adolescent development. The project focuses on reaching parents through the delivery of a presentation or workshop and the distribution of the *10 Things your Teenager Wants you to Know* brochure. Laurie McPherson was contracted by the Network during the last quarter of this fiscal year to lead and coordinate this project during 2018. Up to March 31<sup>st</sup>, 2018 the following outcomes have been achieved.

#### Presentation/Workshop Development and Promotion

- A 1 to 2 hour presentation was developed and reviewed by the Board Executive and includes a PowerPoint slide deck, speaking notes, references, handout and feedback form
- Information about the presentation was sent to key contacts at all six School Divisions in Winnipeg; which included an introductory letter, presentation description, presenter bio and poster. (There are approximately 145 Grade 5 to 8 schools in Winnipeg.)
- Nicole Dubé from CTV Morning Live booked an interview with Laurie McPherson April 16<sup>th</sup> to be aired on the Tots to Teen segment
- Feedback has been positive thus far

Many of you have been visiting our website for information about upcoming events, to check our store, and to seek out written, visual and audio resources on attachment. We are continuing our efforts to make the website as user-friendly as possible, and to stock it with information and resources that will be helpful to you in your work and at home. Stay tuned and stay in touch!

*Kathleen MacDonald*

### **Conference Committee Report**

The Attachment Network held its 15<sup>th</sup> Anniversary Conference on December 7<sup>th</sup> and 8<sup>th</sup>, 2017 at CanadInns Polo Park in Winnipeg. In keeping with the Network being in its 'teen' years the conference was entitled "Attachment Needs of Teens: Implications for Mental Health". Dr. Jody Carrington from Alberta provided a dynamic and thought-provoking Day 1 connecting both her own research and the current neuroscience with hands-on skills and approaches to supporting Indigenous teens and those involved in the Child Welfare System. On Day 2 in the morning, Pat Harvey, author and Social Worker from Maryland, U.S., presented us with Dialectical Behaviour Therapy approaches to helping parents of teens engage and support teen mental health. The afternoon of Day 2 was devoted to presenting a local landscape using an "attachment lens" with teens in Winnipeg. Laurie McPherson provided an enlightening talk on the connection between positive adolescent attachment and mental health. Following Laurie's talk we held an interdisciplinary panel discussion with clinicians from New Directions, Norwest Co-op, Seven Oaks School Division Educational and Clinical Support Services and Manitoba Adolescent Treatment Centre. The panel was moderated by Laurie and provided us with insight and a great discussion which wrapped up an exciting and inspiring two days. In total, over **100** people attended the conference.

*Lisa Dveris*

### **Public Awareness Committee Report**

The members of the Public Awareness Committee (otherwise known as "the people who brought you the brochures") were thrilled to see our parenting brochures translated into five languages over the past year. As some of you already know, they are now available in Arabic, English, Cree, French, Ojibwe, Spanish and Tagalog. We have also been happy to see the companion posters popping up in offices, agencies and drop-in centres everywhere we go!

Right now, these creative folks are working on some exciting new initiatives. A project currently in the works is a brochure along the lines of the "Ten Things" series, but that is specifically designed to help caregivers understand the unique needs of children who are in the care of the Child Welfare system. If this is something that would be of help to you, stay tuned for publication of this brochure later in the year.

We are also in the process of redesigning the home-page of our website to provide a more detailed, but also more accessible, understanding of what attachment is, and why it is so important. We hope this will provide a better fundamental grounding in attachment principals as they relate to both our personal and professional lives. We also hope to provide visitors to the website with a clearer understanding of