# THE ATTACHMENT NETWORK NEWSLETTER

attachmentnetwork@shaw.ca

#### The Attachment Network:

Who are we?

The Attachment Network is a committee that welcomes members from a wide range of agencies. We have members from agencies in the health and social service sectors including Aulneau Center. Renewal Child Development Clinic, Healthy Start for Mom and Me Child and Family Services, New Directions and Children's Special Services as well as members that represent the education and justice sectors.

The Attachment Network was formed in the interest of promoting and enhancing secure attachment across the lifespan. We are committed to sharing our knowledge of best practices and to promoting attachment-based intervention.

The Network aims to foster a coordinated approach to attachment-based service delivery and training across Manitoba.

Join us for our next committee meeting on Jan. 10, '07 at 4 - 601Aulneau St. Bring your knowledge, ideas and enthusiasm!

## Steering Committee:

Chair: Yvette Savard-Preston Treasurer: Marge Chomaway Secretary: Joanne Brown

Laurie Marcella Julia Wellwood Karen Johnston Irmie Nickel

## Modified Interaction Guidance

This intervention focuses on strengthening the attachment relationship between parent and child in a play-based context. Through the use of video feedback and with information tailored to the individual needs of the family, parents learn to recognize what they are doing well and what they might wish to do differently.

The Attachment Network brought training in this technique to Manitoba 2 years ago and it's a great example of our aim to build community capacity. The second round of training is currently underway.

What are the trainees saying?

"We are using this intervention with kids with FASD and are very encouraged by the results so far!"

"Obawaanaan at New Directions is finding success at applying the attachment lens to the work we do with parents and children."

"This intervention works well because clients have an opportunity to see themselves on video."

"It's amazing how quickly we see a positive change. Usually within three to four sessions."

### **Upcoming Events**

- "Attachment and Healing Conference" to be held on Jan. 31 Feb. 1, 2006 in Regina. For more information please go to <a href="https://www.ehro.com">www.ehro.com</a>.
- The Network has begun to make plans for their next conference. Discussion is underway with Neil Boris and Bob Marvin who are applying successfully attachment intervention techniques with older schoolaged aged children. Other potential speakers include Pat Crittenden and Daniel Hughes.

#### **Resources:**

A Simple Gift: Comforting Your Baby is a 10 minute video with accompanying parent and professional manuals.

www.sickkids.ca

The Handbook of Attachment provides a landmark review of the current knowledge about attachment and loss in children and adults.

Treating Parent - Infant Relationship Problems guides the clinician through different types of problems to help determine how a family might best be served. There is a special focus on infants with special needs and those at risk for maltreatment.