**Bibliography**

Ainsworth, M. D. S. (1973). The development of infant-mother attachment. In B. Cardwell & H. Ricciuti (Eds.), Review of child development research (*Vol. 3*, pp. 1-94) Chicago: University of Chicago Press.

Ainsworth, M. D. S., Blehar, M., Waters, E., & Wall, S. (1978). *Patterns of attachment*. Hillsdale, NJ: Erlbaum.

Badenoch, B. (2008). *Being a brain-wise therapist: A practical guide to interpersonal neurobiology*. New York: Norton.

Benamer, S. White, K. (Eds.). (2008). *Trauma and attachment*. London: UK. Karnac Books Ltd.

Bowlby, J. (1969/1982). *Attachment and loss: Vol 1. Attachment*. New York: Basic Books.

Bowlby, J. (1973). *Attachment and loss: Vol 2. Separation: Anxiety and anger*. New York: Basic Books.

Bowlby, J. (1980). *Attachment and loss: Vol 3. Loss: Sadness and depression*. New York: Basic Books.

Bowlby, J. (1988). *A secure base*. New York: Basic Books.

Bowlby, J. (1989). *The making and breaking of affectional bonds*. Abingdon, Oxon, UK: Routledge.

Cassidy, J. (1994). Emotion regulation: Influences of attachment relationships.

*Monographs of the Society for Research in Child Development*, *59*, 228-283.

Cassidy, J. & Shaver, P. R. (Eds), (1999). *Handbook of attachment: Theory, research, and clinical applications*. New York: Guildford Press.

Costello, P. C. (2013). *Attachment based psychotherapy: Helping patients develop adaptive capacities*. Washington, DC: APA.

Cozolino, L. (2010). *The neuroscience of psychotherapy: Healing the social brain* (2nd ed.). New York: Norton & Company.

Cozolino, L. (2014). *The neuroscience of human relationships: Attachment and the developing social brain* (2nd ed.). New York: Norton & Company.

Danquah, A. N. & Berry, K. (2014). *Attachment theory in adult mental health: A guide to clinical practice*. New York, NY: Routledge.

Fonagy, P. (2001). *Attachment theory and psychoanalysis*. New York: Guilford Press.

George, C., Kaplan, N., & Main, M. (1985). *Adult Attachment Interview*. Unpublished manuscript, University of California, Berkeley: CA.

Gill, R. ( Ed.). (2014). *Addictions from an attachment perspective: Do broken bonds and early trauma lead to addictive behaviours?* London, UK: Karnac Books Ltd.

Heller, L. & LaPierre, A. (2012). *Healing Developmental Trauma: How early trauma affects self-regulation, self-image, and the capacity for relationship*. Berkeley, CA: North Atlantic Books.

Hesse, E. (1999). *The adult attachment interview: Historical and current perspectives*. In J.

Cassidy and P. Shavers (Eds.), Handbook of Attachment: Theory, research, and clinical applications, 395-433. New York: Guilford Press

Hughes, D. http:*//*www.danielhughes.org

Kirkpatrick, L. A. (2005). *Attachment, evolution, and the psychology of religion*. New York: The Guildford Press

Levy, T. M. & Orlans, M. (2014). *Attachment, trauma, and healing: Understand and treating attachment disorder in children, families and adults* (2nd ed.). Philadelphia, PA: Jessica Kingsley Publishers

Mikulincer, M. & Shaver, P. R. (2007). *Attachment in adulthood: Structure, dynamics, and change*. New York: Guildford Press.

Muller, R. T. (2010). *Trauma and the avoidant client: Attachment-based strategies for healing.* New York: Norton.

Myhr, G. (2014). Responding to threat: Using attachment-related interventions in cognitive behavioural therapy of anxiety disorders. In A. N. Danquah & K. Berry (Eds.), *Attachment theory in adult mental health: A guide to clinical practice*. New York: Routledge.

Obegi, J. H. & Berant, E. (2009). *Attachment theory and research in clinical work with adults*. New York: Guildford Press.

Odgers, A. (Ed.). (2014). *From broken attachments to earned security: The role of empathy in therapeutic change*. London: UK. Karnac Books Ltd.

Oppenheim, D. & Goldsmith, D. F. (Eds). (2007). *Attachment theory in clinical work with children: Bridging the gap between research and practice*. New York: Guildford Press.

Perry, B. http://www.childtrauma.org/nmt-model/

Powell, B., Cooper, G., Hoffman, K., & Marvin, B. (2014). *The circle of security intervention: Enhancing attachment in early parent-child relationships*. New York: The Guildford Press.

Rachels, K. (2015). *Body, brain, love: A therapist’s workbook for affect regulation and somatic attachment*. USA: Author.

Seager, M. (2014). Using attachment theory to inform psychologically minded care service, systems and environments. In A. N. Danquah & K. Berry (Eds.), *Attachment theory in adult mental health: A guide to clinical practice*. New York: Routledge.

Siegel, D. J. (2010). *The mindful therapist: A clinician’s guide to mindsight and neural integration.* NY: Norton.

Siegel, D. J. (2011). *Mindsight: The new science of personal transformation*. NY: Random House.

Simpson, J. A. & Rholes, W. S. (2015). *Attachment theory and research: New directions and emerging themes*. New York, NY: Guildford Press